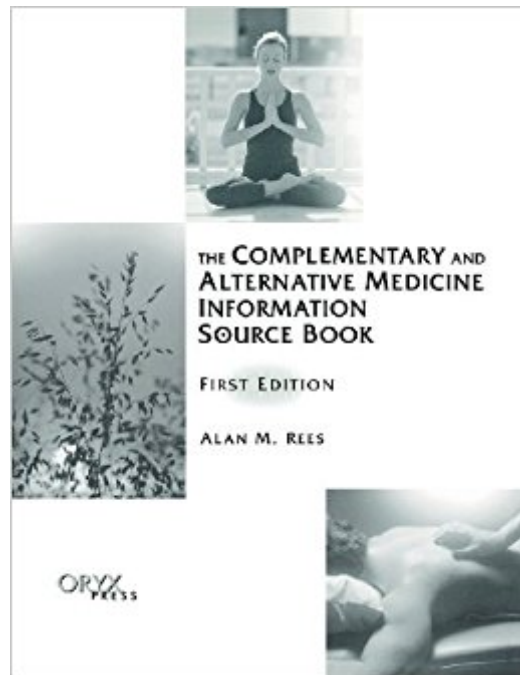


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# The Complementary And Alternative Medicine Information Source Book



## Synopsis

From acupuncture to yoga, the increasing popularity of unconventional medical therapies has risen sharply during the past decade. Consumers are turning to complementary and alternative medicine (CAM) for a variety of reasons and are spending billions annually for treatments. Recognizing the growing need to locate authoritative CAM information, award-winning author Alan M. Rees has compiled a first-stop resource for those seeking information to guide their decisions. Noted health information expert Alan Rees organizes the best of complementary and alternative medicine (CAM) information resources in this new guide for librarians and patients. The book is divided into twelve sections beginning with an overview of CAM terminology, safety concerns, ongoing research and education, and the movement towards integrative medicine. Best of lists of books, magazines, newsletters, CD-ROMs, and professional publications are augmented with contact information for several hundred CAM associations and professional groups, an extensive section on the Internet as a source of CAM-related information, and reviews of 355 popular books on CAM. Librarians will use the Source Book as a collection development tool. Consumers and students will find it an easy-to-use guide for locating hard-to-find resources about the latest in alternative medical therapies and treatments. This unique volume brings together in one volume print and electronic resources pertaining to an in-demand topic, provides recommendations of authoritative sources of current information on a wide variety of unconventional medical therapies, will fill the information gap in the rapidly growing field of CAM.

## Book Information

Paperback: 229 pages

Publisher: Greenwood; 1 edition (March 15, 2001)

Language: English

ISBN-10: 1573563889

ISBN-13: 978-1573563888

Product Dimensions: 8.5 x 0.5 x 11 inches

Shipping Weight: 1.5 pounds (View shipping rates and policies)

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Best Sellers Rank: #2,016,297 in Books (See Top 100 in Books) #13 in [Books > Reference > Writing, Research & Publishing Guides > Publishing & Books > Bibliographies & Indexes > Medicine](#) #82 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Special Topics > Essays](#) #106 in [Books > Health, Fitness & Dieting > Alternative Medicine > Reference](#)

## Customer Reviews

Intended as a supplement to Rees' Consumer Health Information Source Book [RBB My 1 00], this text provides a thorough listing of resources pertaining to alternative medicine. The topics range from acupuncture to herbal medicine, from reflexology to ayurvedic medicine, all presented in a nonjudgmental manner. The book is divided into 12 sections, beginning with a discussion of Complementary and Alternative Medicine (CAM) terminology and background. Among the sections that follow are a list of contact information for several hundred CAM associations and individual sections rating magazines and newsletters, pamphlet materials, professional literature, CD-ROMs, sources on the Internet, and books. Rees rates the resources based on a list of criteria including authority, credibility, comprehensiveness, readability, ease of use, and identification of further sources of information. There are 350 books rated, and most are current, having been published in the last three years. The "best" sources from all of the formats are compiled in Section 2. Rees' text is more current and covers more resources and a wider variety of formats than other works, including Alternative Medicine Resource Guide (Scarecrow, 1997). This publication is a useful guide both for librarians building a collection and for patrons looking for CAM materials. RBB Copyright © American Library Association. All rights reserved

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